



2017 Spring High Performance Training

Hosted by Triangle Table Tennis Center in collaboration with USA Table Tennis

Monday, 3/27/2017 – Wednesday, 3/29/2017

USATT and Triangle Table Tennis are excited to announce **Spring High Performance Training Sessions** during the **3 days between the end of the USATT National Team Trials (to be held at Triangle Table Tennis and ending on 3/26) and the start of the Butterfly Cary Cup Championship (USATT 4-star sanctioned tournament with a Giant RR Main Event and over \$18,000 in cash and prizes, also to be held at Triangle Table Tennis beginning on 3/30).**

The high performance training sessions are designed for advanced and elite athletes with USATT rating of 2000 or higher. Coaches are planned to include the new High Performance Director of USATT, guest USATT National Team coach Zhou Xin, Triangle Table Tennis coaches Jishan Liang, Yu Di, and AJ Carney, and possibly others based on enrollments.

The **3-day training session** will have structured instruction and facilitated practice sessions each day from 9:30AM to 12:00PM and from 2:00 to 4:00PM, with a two-hour break for lunch and rest from 12:00 to 2:00PM. Lunch is provided, and will be delivered to the Center at 12:00PM each day. Participants will enjoy free access to use the Center throughout all 3 days, and are welcome to use the Triangle Table Tennis wi-fi and fitness room equipment, to schedule private lessons at Triangle Table Tennis with available Triangle coaches, or to enjoy open play before or after the structured sessions.

The enrollment fee for this 3-day high performance training session, with included lunch, is \$210. Pre-registration and pre-payment is required. Players interested in fewer than 3 days may contact Triangle Table Tennis to inquire about availability of single-day slots at \$80 per day. **Several discounts are available**, including:

- a **5% Early Enrollment discount** for enrolling by 2/28/17,
- a **5% Tournament discount** for enrolling in the Butterfly Cary Cup Championship by 2/28/17, and
- Triangle Table Tennis **Membership discounts of either 5%** for Basic Memberships of 3 months or longer, **or 10%** for Premium Memberships.
- **40% discount for all USATT National Team members** (including Mini Cadet, Cadet, Junior and Adult).

(Players may take advantage of multiple discounts. For example, a player who enrolls in the Butterfly Cary Cup and in the high performance camp before the early enrollment deadline, may combine those 5% discounts to enjoy a 10% discount.)

The Airport Courtyard Marriott (host hotel for the National Team Trials), has agreed to extend the deeply discounted room rates for the National Team Trials for the High Performance Camp dates, and is offering a single occupancy room for \$99.00/person/night, or a double occupancy room for \$59.00/person/night, with free breakfast and free shuttle service to and from the hotel, Triangle Table Tennis and RDU International Airport.

You should book your room through Andrew Horn (Andrew.Horn@usatt.org or 719-866-4583, x. 6)

Qualifying advanced and elite players may pre-register and pre-pay via [online enrollment](#), or by contacting Triangle Table Tennis at 919-388-0272 or manager@trianglerabletennis.com.

[Triangle Table Tennis](#) is located at 2900 Perimeter Park Drive, Suite 200, Morrisville, NC 27560.